



SANBORN REGIONAL HIGH SCHOOL

POINTS OF P.R.I.D.E.

A newsletter that promotes our core values of

Personalization, Risk-Taking, Integrity, Discovery, and Empowerment

November 20th, 2022

Sanborn Regional High School

17 Danville Road, Kingston, New Hampshire 03848
(603) 642-3341

www.sau17.org

*Proud recipient of the
2018 NH Excellence in Education Award*



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Sanborn Portrait of a Graduate

The Sanborn Way

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2022-2023 SRHS Calendar of
Events

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RECEIVE TEXT UPDATES
FROM OUR SCHOOL:

Opt-In from your
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Just send "Y" or
"Yes" to 67587

Greetings Sanborn Students and Families,

What a great week here at Sanborn! Our student athletes were recognized at the fall sports awards this past Wednesday. On Friday during the day, the Life of a Student group headed to the Austin House for the SoRock Youth Leadership Conference. On Friday night the girls basketball program hosted their annual Blue Gray Game fundraiser and Food Drive, and the SRHS Drama Club put on a spectacular opening performance of the play *Radium Girls*. Congratulations to all of the students who took part in these events this week.

A few updates and reminders:

Fremont Late Bus:

Beginning on Monday, November 28th, there will be a late bus for Fremont students. The bus will run on Mondays, Tuesdays, and Thursdays departing Sanborn between 4:10pm-4:15pm. Fremont students will need to sign up to take the late bus. A sign out form will be sent out tomorrow (Monday), and every Friday moving forward.

After School Tutoring:

After school tutoring runs after school every Monday, Tuesday, and Thursday from 2:30pm-4pm. Please contact [Ms. Grella](#) and [Ms. Trudeau](#) if you have any questions.

ALMA:

Please continue to check ALMA and reach out to your child’s teachers with any questions or concerns regarding grades and assignments.

Senior Spotlights:

This year the Administration has been working with the leaders of the Senior Student Body to redesign Senior Spotlight articles. There will be a form sent out to Seniors after Thanksgiving break and spotlight articles will begin running in January. Everyone involved is excited about the new process and design.

Important Upcoming Dates:

Tuesday, November 22nd:

Early release

Wednesday, November 23rd - Sunday, November 27th:

Thanksgiving break

Monday, November 28th - Tuesday, November 29th:

New England Association of Schools and Colleges (NEASC) Collaborative Conference

Yours Always,

Jennifer Michitson, Dr. Robert Dawson, Nichole O’Brien, Heidi Leavitt, and Timothy Westphal



Jennifer Michitson
Principal



Dr. Robert Dawson
Assistant Principal
Athletic Director



Nichole O'Brien
Assistant Principal
Curriculum



Heidi Leavitt
Counseling Director



Timothy Westphal
Assistant Principal

A Message from the Superintendent:

SANBORN REGIONAL SCHOOL DISTRICT

51 Church Street • Kingston, NH 03848

Thomas J. Ambrose, CAGS • Superintendent

Christine Desrochers, M.S. Ed.
Director of Curriculum and Instruction

Matthew Angell, CPA, JD
Business Administrator

Troy Kennett, Ed.D
Director of Student Services

November 18, 2022

Dear Sanborn Community,

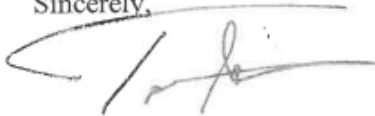
On Monday November 28th and Tuesday November 29th, the New England Association of Schools and Colleges (NEASC) will be conducting a Collaborative Conference visit in our district schools. The goal of the Collaborative Conference is to review and determine from an outside professional viewpoint the extent to which the school is aligned to the Standards for Accreditation, and to identify Priority Areas for Growth and Improvement. As part of the Conference, the team will meet with district constituents, review the district's Self-Reflection, visit several classes in all our schools, and examine examples of student work submitted by our teachers and students.

The purpose of the highly collaborative NEASC process is to assist Sanborn educators PK-12 in our pursuit of quality education for our students. The volunteer members of the team come from all over New England; we thank them for their time and expertise. Sometime early next year, NEASC will report back to us with a series of recommendations and steps. This is the first significant step in a process that will link with "Decennial Visit" in late 2024. That more thorough look at our schools will result in a more formal report, recommendations and commendations, and we anticipate NEASC's accreditation of our schools.

For more information regarding the Accreditation process and Standards please click on the link.

[Click here](#)

Sincerely,



Thomas J. Ambrose
Superintendent
tambrose@sau17.net
603-642-3688

Athletic Update:

Winter Sports begin November 28!

Sanborn offers high school athletes opportunities in several sports:

- Basketball – Girls and Boys
- Bowling – Coed
- Cheer / Spirit – Coed
- Ice Hockey
- Track & Field

Registration for all Winter Sports is done through [Final Forms](#). Coaches will be in touch with those athletes signed up. Student-athletes should keep an ear open for announcements regarding pre-season meetings.

We may also be able to support Skiers, Swimmers, Gymnasts, even Wrestlers. Athletes interested in these sports should stop by to see Dr. Dawson at school.

If you have any questions please contact Dr. Dawson: rdawson@sau17.net

Important Information from SRHS Yearbook:

Seniors, [CLICK HERE](#) to personalize your yearbook!

You can pre order your yearbook at a discounted rate. [CLICK HERE](#) to Order Your Yearbook Today!






Sanborn Regional High School
Calling all proud parents
Celebrate your student's journey with a yearbook ad.
Create and purchase online by **02/09/2023**
jostensadservice.com/student



Jostens

Keasha Johnson
Keasha,
It seems like only yesterday you were my baby girl. Now, in a few weeks, you'll be off to college. I want you to know just how proud I am and how much I enjoyed watching you grow from an inquisitive, mischievous child to a smart, funny, kind young woman.
Love, Mom



Make their Sanborn Regional High School yearbook even more special.
Recognize your student's milestones and successes with a yearbook ad.
Order by 02/09/2023

COLOR AD	
Full Page	\$300.00
1/2 Page	\$200.00
1/4 Page	\$125.00
1/8 Page	\$100.00

jostensadservice.com/student
Customer Service: 800-358-0800
*Credit card installment plan available on orders of \$30 or more.
Tax, service and delivery fee(s) will be added if applicable.
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School Counseling Update:

End 68 Hours of Hunger

Did you know that every week Sanborn Regional High School supports over 40 students in the district through our food pantry and our End 68 Hours of Hunger program? This program provides food for these students to meet the gap between school lunch on Friday and school breakfast on Monday. Sanborn has a wish list on Amazon if you would like to help support this program. The link can be found [here](#) and the food can be sent directly to the high school.

If you prefer, you can drop food off directly to the high school in the atrium. The program has strict guidelines on the food we can send home and the list includes: Cereal (not the large family size ones), tuna/chicken, soup, mayo, canned pasta, mac and cheese, canned fruit, granola bars, sleeves of crackers, nutrigrain bars, peanut butter crackers, pasta, canned pasta sauce (we do not want to send glass jars in the bags for the students to carry), peanut butter, canned vegetables, oatmeal and jelly (plastic jars not glass).

If your family is in need of some additional support, please contact your student's school counselor, [school nurse](#) or [Heidi Leavitt](#).

Attention Sophomores:

Sanborn Regional High School will be sending two sophomores to the **Hugh O'Brian Youth Leadership (HOBY)** State Summit this year in June 2023. This summit is a leadership development training for students where they will develop leadership skills, meet state leaders, make new friends from all over the state, experience life on a university campus, and discover how personal, group, and societal leadership lead to social change. This is a once in a lifetime opportunity for the Sophomores chosen and will help open them up to more college and career options and scholarships. Any sophomore interested in this program should stop by the counseling center to pick up an informational packet, along with the essay prompt. The essay is due December 5 to Ms. Grossman. If you have any questions, email [Ms Grossman](#). There is also an interview process included this year and interviews will take place December 12. If you have questions or concerns feel free to reach out to Ms. Grossman in the counseling office.

[Here is a brief video](#)

Attention Juniors:

Sanborn Regional High School will be administering the **Armed Services Vocational Aptitude Battery (ASVAB)** exam to all juniors on Wednesday, December 7th. . Historically, the ASVAB has been known as an exam to determine acceptance into specific careers of the various military branches. More recently, the counselors have learned about the tremendous amount of career exploration/interest and feedback a student can receive from the exam and we have decided to use this information to kick off our Junior College Search season.

ASVAB scores will be automatically sent to the military unless you choose to opt-out of this service. An opt-out form is available from your student's school counselor. If you do not want your child to take the exam please email [Heidi Leavitt](#) directly.

The exam will begin promptly at 7:30 am and will take 2.5 - 3 hours. Students will return to class once the exam is complete. There is no studying required for this exam Students who attend the 1st session at SST will be excused from class this day. Please visit the ASVAB Career Exploration for more

information on the exam and how it can help students with career exploration and decisions:
<https://www.asvabprogram.com>.

Attention Seniors:

Are you looking for some help with your college essay? You can email your essay to Mrs. Ryan at jryan@sau17.net. She will take a look at it for you, provide some feedback and then meet with you individually to provide some support.

As always, if you have any questions or concerns for your child - academically or socially, please do not hesitate to reach out to your child's counselor. We have many resources available to help with a variety of issues and we look forward to partnering with you for their success.

Mrs. Leavitt
Director of School Counseling

Message from your Student Assistance Counselor, Zach Parker:

YOUTH LEADERSHIP SUMMIT

On November 18th, seventeen students from Sanborn Regional High and Middle schools joined peers representing six different schools including Hampstead, Fremont and the Timberlane school districts for a day of collaboration. This event was facilitated by NH Teen Institute, and SoRock.

The students came together for an interactive day of team building and leadership skills development, with a focus on prevention and increasing positive school climates. Workshops were held to practice real-life skills in communication and leadership.

We'd like to thank all partners and participants who helped bring us together as a community of schools!

Zach Parker, Student Assistance Counselor

A Message from SoRock:



SoRock is a community coalition focused on mental health and substance misuse prevention across the lifespan. We carry out our mission by leveraging resources from the local, state and federal level to coordinate and support education, programming and resources for the towns we serve.

Sanborn Middle and High School students were busy last week with the Great American Smokeout and the **SoRock Youth Leadership Conference!** A group of 8th grade and high school students joined Hampstead MS, Timberlane MS & HS and Ellis MS at the Austin 17 House to work on team building/leadership and community mapping to identify issues they can work on throughout the year to improve school climate! Follow us on social media [@sorocknh](https://twitter.com/sorocknh) for photos of and more info on both events!

Youth In Action! Students identify the top issues facing their peers and take action to help ensure a safe and healthy school community. High School and Middle School meeting times TBD. [Sign up!](#)

Attention Boosters/PTA/PTO and other parent or community/civic groups. **SoRock wants to talk with you!** We would love to attend your meeting to tell you a little more about us, discuss parenting for prevention and find out how we can support you in the community! Please send an email to sorocknhcc@gmail.com to set something up.

If you or someone you care about is having a mental health crisis, contact the [NH Rapid Response Access Point](#) for over the phone support with referrals to outpatient services, or to have a Mobile Crisis Response Team (MCRT) come to you. [The new 988 Crisis Hotline became active JULY 16th](#)

SoRock has FREE resources for the community. Locking medication boxes and disposal pouches, firearm trigger locks, Overdose prevention kits including Narcan, and Fentanyl test strips. Parent and relative caregiver resources/prevention power packets.

Remember, we are here for all ages. Supporting the wellness of the community across the lifespan is the only way to ensure healthy youth!

Would you like to know more about SoRock, how we operate and what we do?
Email Charlotte Scott, Program Director sorocknhcc@gmail.com or call 603-642-3341 x 1235



TEAM SIGNED JERSEY RAFFLE!

TICKETS

3 FOR \$5

10 FOR \$10

WINNER CHOSEN ON 12/9/2022



ENJOY LIFE IN A NATURAL STATE
SoRock
SOROCKNH.ORG

100% of Proceeds Support SoRock Prevention Efforts

SRHS PTO Announcements:



The mission of the Sanborn Regional High School Parent Teacher Organization is to enhance and support the Sanborn Regional High School learning community of students, staff, and families of Fremont, Kingston, and Newton. This is accomplished through the following endeavors:
 *Community Outreach *Teacher Involvement
 *Educational Programs *Civic Cooperation
 *Volunteer Programs *Fundraising. If we all help a

little it will be amazing how much we can accomplish as an organization. We typically meet the 3rd Wednesday of the month at 6:00 p.m. on Zoom (check the Points of P.R.I.D.E. Newsletter or our FB page for any changes). Thank you for taking the time to complete the membership form and become part of the SRHS PTO. Check us out on Facebook at Sanborn Regional High School PTO. If you have any questions or information you would like to share with our organization, please contact Alicia D'Antonio at tishiebell@yahoo.com. Please click [HERE](#) to join the PTO.

PTO Un-Fundraiser Information:

Un-FUNDRAISER

Due to the previous success of our Un-Fundraiser we would like to ask for your support again with our 2021 Un-Fundraiser. The Un-Fundraiser is a way for you to donate money without having to buy or sell anything. Isn't that the best?? 100% of your tax-deductible donation goes directly to the SRHS PTO, and then it goes right to our kids, which is the best place to put it! **To make it even easier to donate, we now have our own Venmo account ([sanbornrhsppto](#))!!** Where does the money go you might ask?

- \$100 starter cash for the in-coming Freshman student activities account
- Classroom grants, up to \$250 per teacher, to fund innovative programming
- Funds to support class activities
- Teacher's meals for the Open Houses & Teacher Appreciation Week
- A \$500 scholarship to a Sanborn Senior
- Senior Success Day and more

\$ _____	This donation is to thank you for not making me buy anything, sell anything or do anything, except fill out this form.
\$15	I do not want to bake, so here is the money that I would have spent at Market Basket on those cupcakes or cookies
\$25	I already have 14 Yankee Candles, 50 rolls of wrapping paper, and several coupon cards in my kitchen drawer. So, here is the money for saving my neighbors, friends and family a knock on the door.
\$50	I do not want to walk, run, hula-hoop, dance, swim or do any activity with the word "thon" in it. Here is the money I would have spent on my child's "free" t-shirt.
\$75	I do not want to attend any fancy dances or silent auction events, so here is the money I would have spent on a new outfit.
\$100	I really wouldn't have helped anyway. So here is \$100 to forget my name.

We hope you were able to appreciate the sarcasm and humor in this form of request and we thank you for your time and monetary donation.

Parent/Guardian Name: _____
 Student(s) Name: _____
 Parent Email (To be added to Our SRHS PTO email list): _____

**Please make checks payable to the SRHS PTO, 17 Danville Road, Kingston, NH 03848
 Or send your donation to our new Venmo account: [sanbornrhsppto](#)**



Click [HERE](#) to view the form and make a DONATION!

Special Olympics of New Hampshire:

Greetings Sanborn Community,

We are excited to announce that the Sanborn School District is partnering with local communities this fall to bring Special Olympics New Hampshire to our schools. We are looking forward to hosting events here at Sanborn in the future and having our students and school involved.

**Special
Olympics**
New Hampshire



Basketball and swimming will be starting in early December. In order to make this happen, we are in search of volunteers and coaches. Volunteers can be school staff and students. You will find the Local Program Volunteer Application link and a Covid Waiver form below that will need to be completed in order to volunteer. When completed the application can be sent to specialolympics@sonh.org or mailed to:

Special Olympics NH
PO Box 3598
Concord, NH 03301

Two other items are required to volunteer: a background check and completion of an online course, see links below to complete:

www.specialolympics.org/protectivebehaviors

<https://app.sterlingvolunteers.com/en/Candidates/Account/Register>

Use Good Deed code bsow717, if prompted

We would like to thank everyone in advance for your help and support in this great opportunity to help bring inclusion to all students in the Sanborn School Community.

Please let me know if you have any questions about the paperwork or about the program.

Sincerely,

Kevin Beaudoin
SRHS Case Manager, Life Skills

[Local Program Volunteer Application](#)

[Covid Waiver](#)

Tree Lighting and Santa Visit:



Tree lighting/Santa visits the Rec Center!

Saturday November 26

Event starts at 5pm

Ugly sweater contest too!!!- please enter beforehand

Questions? Call 603-418-5306

Please bring unwrapped toys to help those in need in Kingston

We will have treats and we will listen to the "Night Before
Christmas being read.

We will have crafts available too!



Sanborn-Epping Ice Hockey Fundraising Event:

**Sanborn-Epping
Ice Hockey
Fundraising Event**

**Holiday
CRAFT
FAIR**

**Sanborn Regional High
School**

November
26th
9 a.m. - 3 p.m.

**FREE
ENTRY**

*Come on down and help support
this amazing Fundraising Event
organized by The
Sanborn-Epping Hockey Boosters*

80+ VENDORS
Scratch Ticket Raffle
Food & Drinks
Home Decor
Home-made Items
Gifts & Many More

**Email with inquires
regarding available
space to:**

sanborneppinghockeyboosters@gmail.com

Career Pathway Program Event:

DISCOVER HOW YOU CAN CONNECT WITH OUR CAREER PATHWAY PROGRAM

RSVP by December 2, 2022



December 7, 2022
11:30 am
Sanborn Regional
High School

**For More
Information
Contact**

Kerrie Alley-Violette

